

# THE LION'S ROAR

· MCAVINNUE'S COMMUNITY NEWSLETTER: WEEK OF SEPTEMBER 25TH ·

## MCAVINNUE'S PRINCIPAL'S MESSAGE

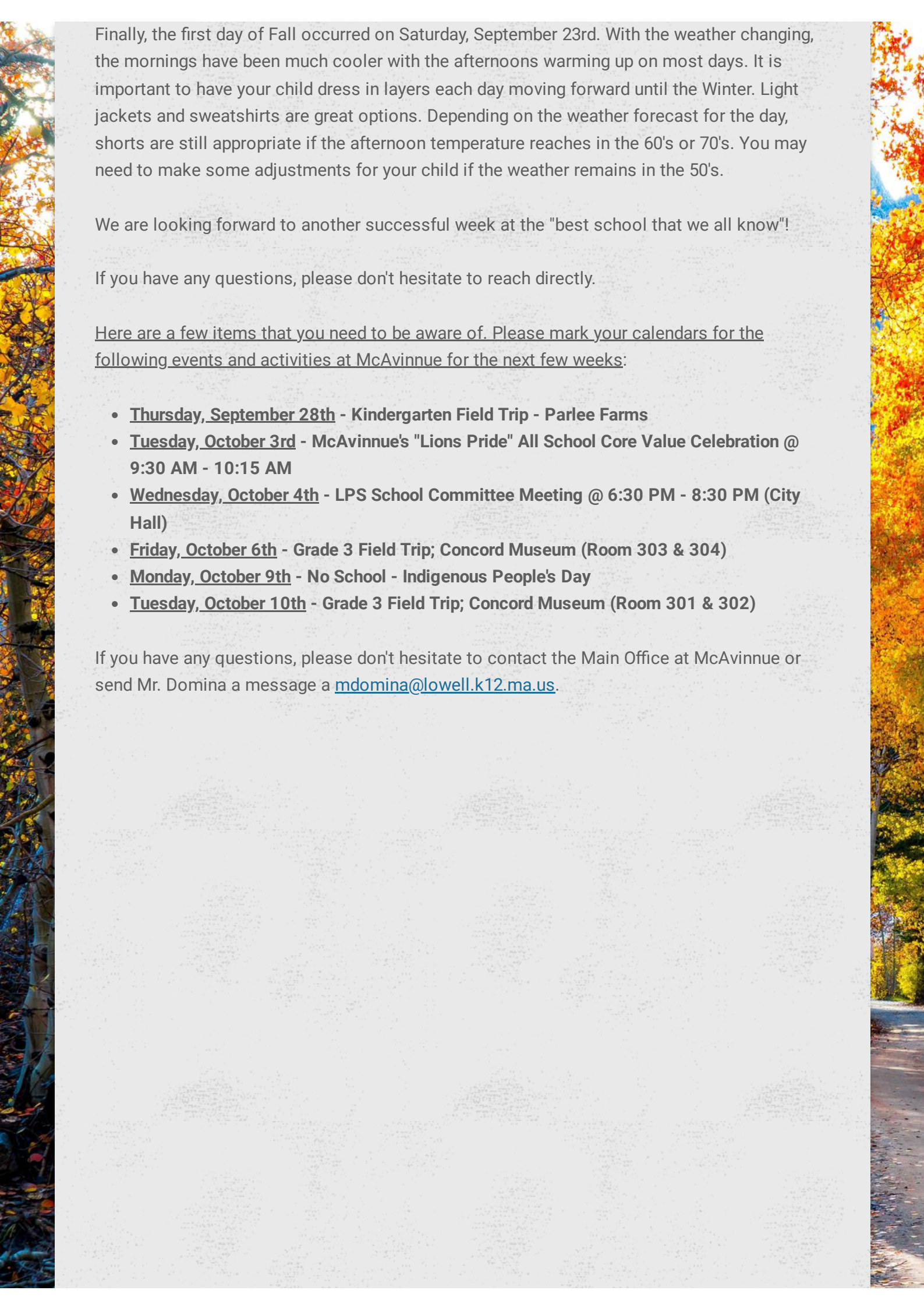
Hello McAvinnue Community!

We are in the full swing with this new school year! All of our systems, are up and running at McAvinnue! We are pushing out new and exciting content for our students and our teachers are hard at work with lesson planning and assessing the needs of our students. We have any things that will be coming quickly over the next few weeks. Please be on the lookout for information in the weekly "Lion's Roar" Community Newsletter, on all of our social media platforms, on our school website, and through Class Dojo with your child's teacher.



We will continue iReady assessments this week. We will be shifting our focus from Math to Reading. The iReady assessments give us an idea of where our students are in terms of the current curriculum. There is no "grade" that is provided for this assessment. However, we ask the you remind your child to do their very best when taking these assessments. We will use the results to help us plan for tackling the curriculum moving forward and providing the supports that students need to be successful. If you have any questions about the assessment, please reach out to your child's teacher or you can send me a quick message at [mdomina@lowell.k12.ma.us](mailto:mdomina@lowell.k12.ma.us).

On another note, we had the perfect evening and had an amazing turn out for McAvinnue's "Back To School Bash" on Friday, September 22nd! It was so great to see our current and former students come out and enjoy some fun and games! The event was a major success...and our families were very appreciative that we hosted an evening of community building and exciting engagement opportunities on a more personal level. We will continue to host events that promote the family like community that we have fostered at McAvinnue!



Finally, the first day of Fall occurred on Saturday, September 23rd. With the weather changing, the mornings have been much cooler with the afternoons warming up on most days. It is important to have your child dress in layers each day moving forward until the Winter. Light jackets and sweatshirts are great options. Depending on the weather forecast for the day, shorts are still appropriate if the afternoon temperature reaches in the 60's or 70's. You may need to make some adjustments for your child if the weather remains in the 50's.

We are looking forward to another successful week at the "best school that we all know"!

If you have any questions, please don't hesitate to reach directly.

Here are a few items that you need to be aware of. Please mark your calendars for the following events and activities at McAvinnue for the next few weeks:

- **Thursday, September 28th - Kindergarten Field Trip - Parlee Farms**
- **Tuesday, October 3rd - McAvinnue's "Lions Pride" All School Core Value Celebration @ 9:30 AM - 10:15 AM**
- **Wednesday, October 4th - LPS School Committee Meeting @ 6:30 PM - 8:30 PM (City Hall)**
- **Friday, October 6th - Grade 3 Field Trip; Concord Museum (Room 303 & 304)**
- **Monday, October 9th - No School - Indigenous People's Day**
- **Tuesday, October 10th - Grade 3 Field Trip; Concord Museum (Room 301 & 302)**

If you have any questions, please don't hesitate to contact the Main Office at McAvinnue or send Mr. Domina a message a [mdomina@lowell.k12.ma.us](mailto:mdomina@lowell.k12.ma.us).

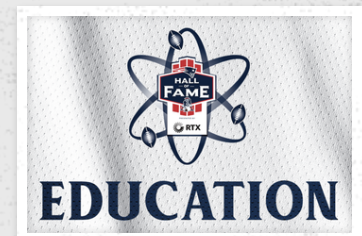




## MCAVINNUE'S WEEK IN REVIEW

### GRADE 4 FIELD TRIP: PATRIOT'S HALL OF FAME

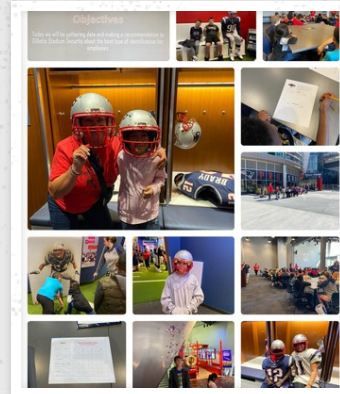
Our Grade 4 students had the amazing opportunity to head down to Patriot's Place in Foxborough for a special field trip!



This field trip focused on evaluating the pros and cons of integrating hand recognition biometric technology into the security system for the Patriot's Hall Of Fame and surrounding facilities...so cool!

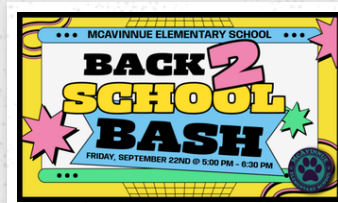
They also had a tour of the Patriot's Hall Of Fame and check so many super fun things!





## McAVINNUE'S "BACK TO SCHOOL BASH"

We had the perfect evening and had an amazing turn out for McAvinnue's "Back To School Bash" on Friday, September 22nd!



It was so great to see our current and former students come out and enjoy some fun and games! The event was a major success...and our families were very appreciative that we hosted an evening of community building and exciting engagement opportunities on a more personal level.

We will continue to host events that promote the family like community that we have fostered at McAvinnue!



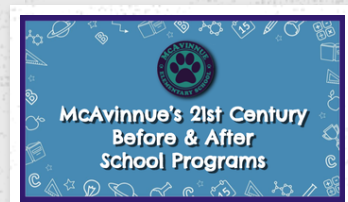
## PREK IS DOING AMAZING THINGS!

Preschool students in Ms. Annie's class are doing a great job learning their new routine, choosing centers, and making new friends!





## McAVINNUE'S 21ST CENTURY BEFORE & AFTER SCHOOL PROGRAM



McAvinnue's 21st Century Before and After School Program is set and ready to go! The programs will begin on Monday, October 2nd - Thursday, December 14th.

The Before School Program is for all grade levels (Kindergarten - Grade 4). For the After School Program, Grade 1 and 2 students will attend on Monday and Wednesday. Grade 3 and 4 students will attend on Tuesday and Thursday.

We will provide a snack for those students that are attending the After School Program.

Please keep in mind that transportation will not be provided. Students will need to be picked up at 5:00 PM when attending the After School Program.

You can register for the program using the link below or by sending an email to the Before/After School Program Coordinator, Mrs. De La Luz at [adelaluz@lowell.k12.ma.us](mailto:adelaluz@lowell.k12.ma.us).



# CLICK TO REGISTER FOR THE BEFORE/AFTER SCHOOL PROGRAM



## McAVINNUE'S "MORNING ANNOUNCEMENTS" ARE BACK!



McAvinnue's "Morning Announcements" are back for the 2023-2024 academic school year!

Like we had successfully done last school year, a new edition of McAvinnue's "Virtual" Morning Announcements will be presented to our students on Monday, Wednesday, and Friday each week. We will continue to use Tuesday and Thursday each week to be used for "Open Circle"....our Social Emotional Learning (SEL) program that focuses on community building, prosocial decision making, and appropriate responses to daily stressors both within the school and home settings.

This will continue to be a great way to bring our school together each day focusing on the same message to get the energy, commitment, and engage up before we launch into another great day at "the best school we all know".

You can check out each edition of McAvinnue's Morning Announcements on our YouTube channel using the link below.

[https://www.youtube.com/channel/UC7hxiBuRjgqfASI\\_RLMleQ](https://www.youtube.com/channel/UC7hxiBuRjgqfASI_RLMleQ)



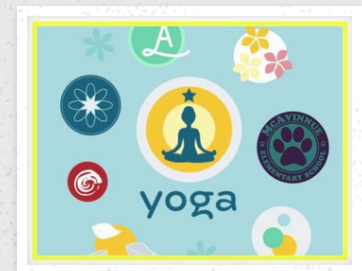
You can check out the latest edition of McAvinnue's Morning Announcements below!

### McAvinnue's Morning Announcement 9.22.2023



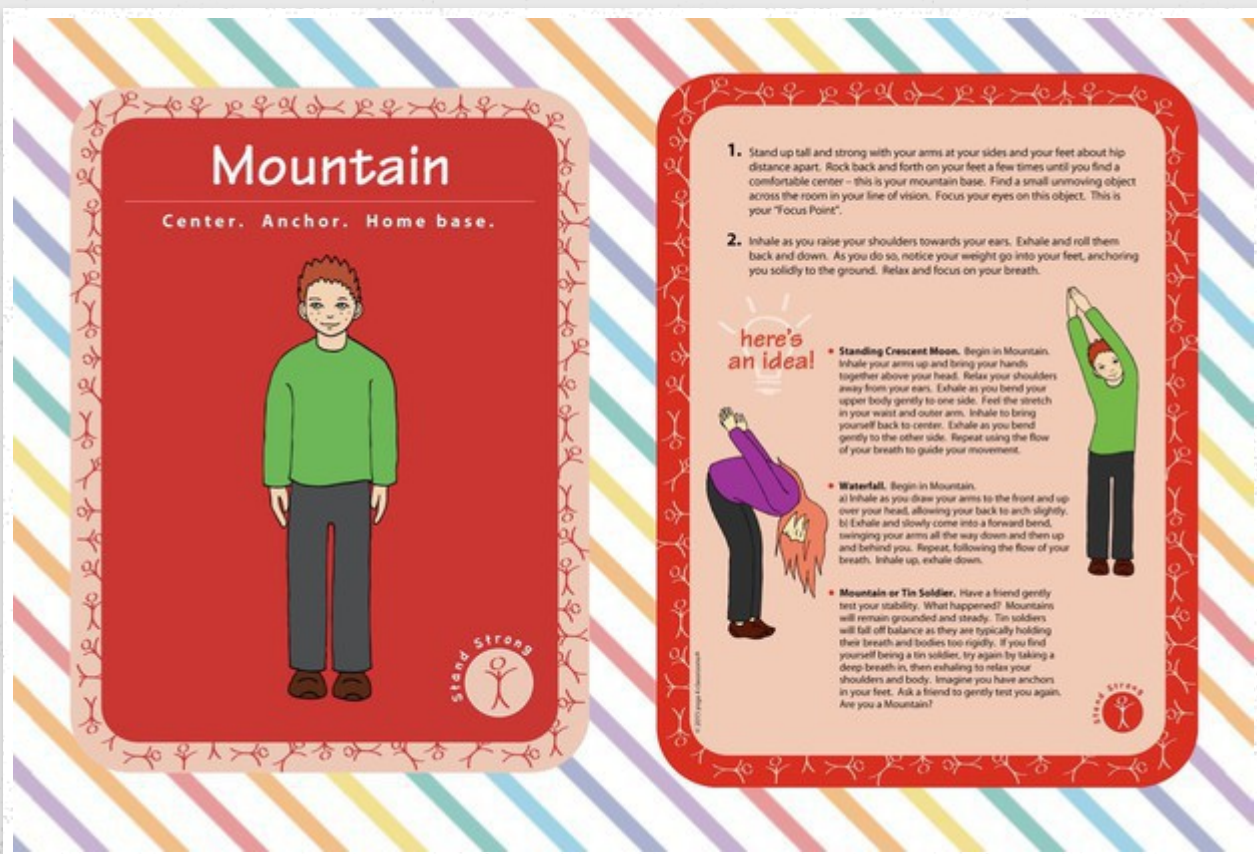
## MCAVINNUE'S "YOGA POSE OF THE WEEK": MOUNTAIN

This week upcoming week we will be practicing a pose called the "Mountain". This pose is the foundation for all of our yoga poses and will allow us to find our center using a solid anchor and home base!



We will practice the "Mountain" pose daily as a classroom and as a whole school during our "Morning Announcements" on Monday, Wednesday, and Friday during this up and coming week. You can get an early head start and practice this technique before we launch into another exciting week!





## ALLERGIES? ASTHMA? MEDICATIONS? - PLEASE LET NURSE DANIELLE KNOW!

If your students have any medical concerns or diagnosis, please make sure Nurse Danielle is aware. Also, if they have any medical conditions, for example allergies or asthma, that require medications such as Epipens or inhalers here at school, please remember she needs updated paperwork and medication yearly.

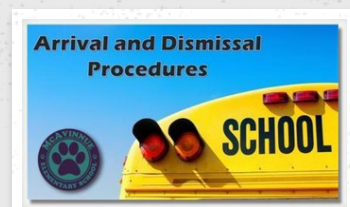


Please reach out as soon as possible to get her the necessary paperwork and to arrange drop off of new medications. Nurse Danielle's email address is [dralls@lowell.k12.ma.us](mailto:dralls@lowell.k12.ma.us) and she can also be reached by calling (978) 937-2871 ex. 47858. Our fax number is (978) 937-2880.

## DROP-OFF & PICK-UP LOGISTICS

### Drop-Off Logistics

- Arrival begins at 9:10 AM each day. The late bell rings at 9:25 AM.
- Please pull up to the 4th Avenue side of the building when dropping off your child.





- As you approach the 4th Avenue sidewalk, a faculty member will greet and support getting your child safely out of the vehicle.
- This area is a drop off area ONLY. You will not be permitted to park in this location.
- Please be sure to drive all the way down to the end of the sidewalk so we can fit as many vehicles in this location as possible.
- Ensure your child is ready to go and do not get out of the car so we can keep traffic moving.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- Large bus students will enter using the back door located in the rear of the school building.
- Small bus and van transportation students will use the 4th Avenue door near the rear of the school building by the exit driveway.

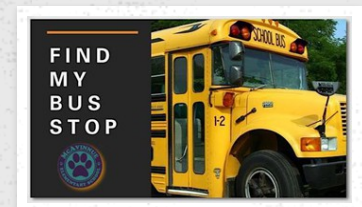
### **Morning Lining Up Locations**

- Grade 1, 3, and 4 students will use the Main Door to enter the school building.
- Grade 2 will use the 4th Avenue doorway near the front of the school to enter the building.
- PreK & Kindergarten will use the Early Childhood door to enter the building. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.

### **Pick-Up Logistics**

- Grade 1 will be dismissed out the Main Door.
- Grades 2, 3, and 4 will be dismissed out the 4th Avenue door near the front of the school.
- Kindergarten students will be dismissed out the Early Childhood door. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- PreK students will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway. Please contact Ms. Annie for the specific dismissal time.

## **SCHOOL BUS TRANSPORTATION INFORMATION**



School bus transportation is provided to students in grades K-4, who live greater than .75 mile from their residence or alternate address to their assigned school. Middle school students (grades 5-8) must live greater than 1.5 miles from their residence or alternate address to their assigned school.

Kindergarten through 4th grade students will receive a printed bus pass via postal mail. These passes were mailed out on August 23rd. You can also look up your student's bus pass information by using their Student ID for the username and date of birth for the password at the link below. This is the same information that students use to log in to their Chromebooks for school.



Please note that Kindergarten and 1st grader students **must** have an older sibling (4th grade or older) or parent present at the bus stop in the afternoon in order to depart from the school bus. If a parent or older sibling is not present, the student will be brought to the Moody School, located at 158 Rogers Street. A driver's license or valid identification must be presented to the staff in order to dismiss the student.

You can use the LPSD "Bus Lookup Tool" using the link below. You will need to use you child's LASID or lunch number along with their birthdate to access this helpful system.

There also is a helpful video that you can watch that will walk you through the process.

**CLICK HERE FOR THE LPSD "BUS LOOKUP TOOL"**

You will need to have your child's LASID or lunch number to access the most up to date bus information for your child. Please keep in mind that this number is also used to log into your child's borrowed device.

### Bus Pass Lookup Tutorial



## UPCOMING EVENTS





Here are important dates to remember for the first few months of the school year:

- **Thursday, September 28th** - Kindergarten Field Trip - Parlee Farms
- **Tuesday, October 3rd** - McAvinnue's "Lions Pride" All School Core Value Celebration @ 9:30 AM - 10:15 AM
- **Wednesday, October 4th** - LPS School Committee Meeting @ 6:30 PM - 8:30 PM (City Hall)
- **Friday, October 6th** - Grade 3 Field Trip; Concord Museum (Room 303 & 304)
- **Monday, October 9th** - No School - Indigenous People's Day
- **Tuesday, October 10th** - Grade 3 Field Trip; Concord Museum (Room 301 & 302)

## ST MATH WEEKLY SHOUT OUT!

ST Math is back for our 2023-2024 school year and our launch has been exciting! Our students are completing puzzles and moving along their journey consistently each day...which is amazing!



We had another full week of puzzle play and we can feel the excitement building in the school with our students already reporting their percentage progress and total puzzles they have completed thus far. With this level of early committment, we will continue to do tremendous things at the "best school we all know!"

Take a peek 👁️ at our progress so far including the top 6 classrooms that have the highest average minutes on ST Math!





74,814



ST Math

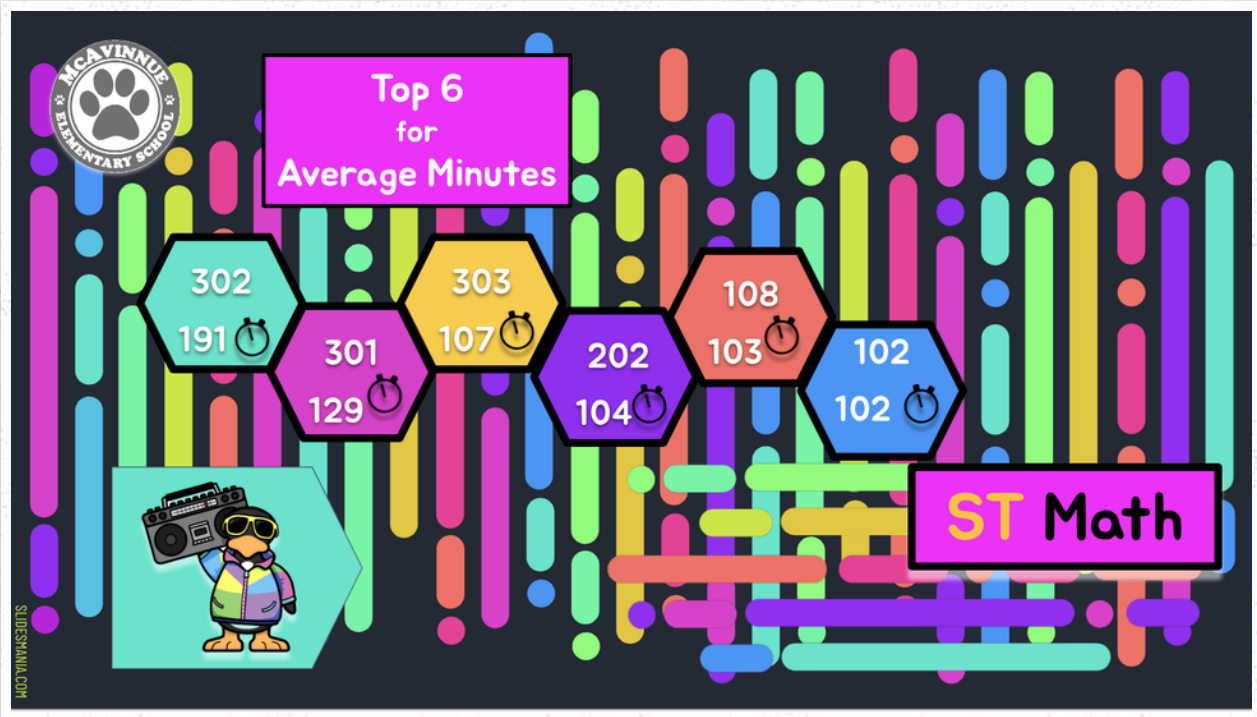


ST Math

9%

puzzle goal progress





## 2023-2024 SCHOOL YEAR CALENDAR

Superintendent of Schools-Lowell Public Schools- Lowell, MA  
2023-2024 School Year Calendar

<b>Monday, August 28, 2023</b>	<b>Staff Return to School for Staff Orientation Day</b>
<b>Tuesday, August 29, 2023</b>	<b>First Day of School – Grades 1-12</b>
<b>Friday, September 1, 2023</b>	No School – Labor Day Recess
<b>Monday, September 4, 2023 *</b>	No School – Labor Day
<b>Tuesday, September 5, 2023</b>	<b>First Day of School – Pre-Kindergarten &amp; Kindergarten</b>
<b>Monday, October 9, 2023 *</b>	No School – Indigenous Peoples' Day
<b>Tuesday, November 7, 2023</b>	No School for Students - Election Day - Professional Day for Staff
<b>Friday, November 10, 2023 *</b>	No School - Veterans' Day Observed
<b>Wednesday, November 22, 2023</b>	<b>Early Dismissal – Thanksgiving Recess</b>
<b>Thursday, November 23, 2023 *</b>	No School - Thanksgiving Day
<b>Friday, November 24, 2023 *</b>	No School – Thanksgiving Recess
<b>Monday, November 27, 2023</b>	Schools Re-Open
<b>Wednesday, December 6, 2023</b>	<b>Wednesday - Early Release for grades PreK-12</b>
<b>Friday, December 22, 2023</b>	Winter Vacation Begins at the Close of Day
<b>Monday, December 25, 2023 *</b>	Christmas Day
<b>Tuesday, December 26, 2023 *</b>	Central Office and Family Resource Office Closed
<b>Sunday, December 31, 2023</b>	New Year's Eve
<b>Monday, January 1, 2024 *</b>	New Year's Day
<b>Tuesday, January 2, 2024</b>	Schools Re-Open
<b>Wednesday, January 10, 2024</b>	<b>Wednesday - Early Release for grades PreK-12</b>
<b>Monday, January 15, 2024 *</b>	No School – Martin Luther King, Jr. Day
<b>Friday, February 16, 2024</b>	February Vacation Begins at the Close of School
<b>Monday, February 19, 2024 *</b>	President's Day [School Vacation: Monday, February 19 – Friday, February 23, 2024]
<b>Monday, February 26, 2024</b>	Monday – Schools Re-Open
<b>Wednesday, March 6, 2024</b>	<b>Wednesday - Early Release for grades PreK-12</b>
<b>Friday, March 29, 2024 *</b>	No School – Good Friday
<b>Friday, April 12, 2024</b>	Spring Vacation Begins at the Close of School
<b>Monday, April 15, 2024 *</b>	Patriot's Day – [School Vacation: Monday, April 15 – Friday, April 19, 2024]
<b>Monday, April 22, 2024</b>	Schools Re-Open
<b>Monday, May 27, 2024 *</b>	No School – Memorial Day
<b>Tuesday, June 11, 2024</b>	180th School Day
<b>Tuesday, June 18, 2024</b>	185th School Day [Includes five (5) Snow Days]
<b>Wednesday, June 19, 2024 *</b>	Juneteenth

Approved by the Lowell School Committee at their meeting of

\* Central Administration, Family Resource Center will be closed in observance of a holiday

Number of School Days Per Month

August	3	January	21
September	19	February	16
October	21	March	20
November	18	April	17
December	16	May	22
		June	7





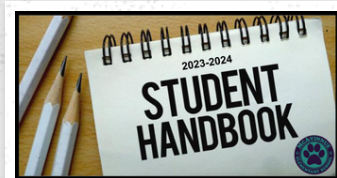
School Calendar 2023-2024.pdf

[Download](#)

289.1 KB

## PARENT & FAMILY RESOURCES

### STUDENT HANDBOOK 2023-2024



The LPS Student Handbook is a great tool to use to fully understand the expectations of the role of our students as well as the partnership needed for our families to ensure that the school year is a great success.

You can access the district elementary student handbook by clicking the button below. You will find various policies and procedures focusing on attendance, grading, discipline, bus expectations, and more.

Please reach out directly if you have any questions.

[CLICK HERE TO ACCESS THE UPDATED STUDENT HANDBOOK](#)

### MCAVINNUE'S SCHOOL ATTENDANCE INFORMATION



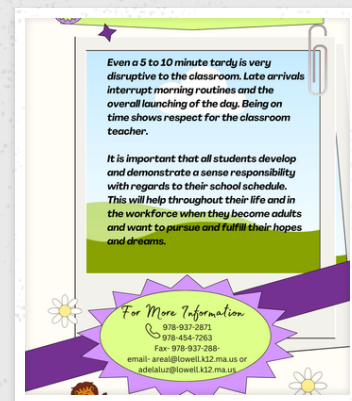
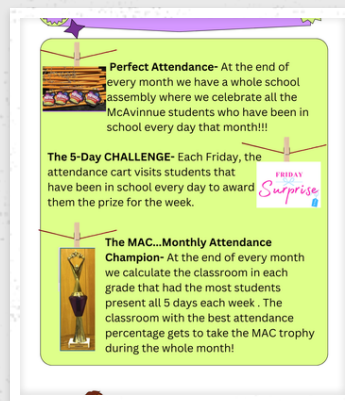
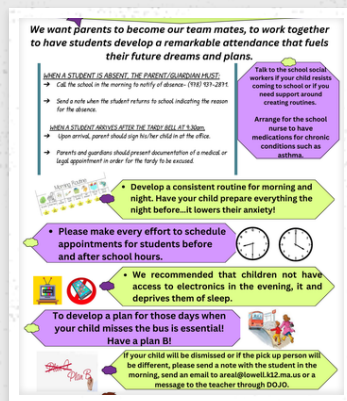
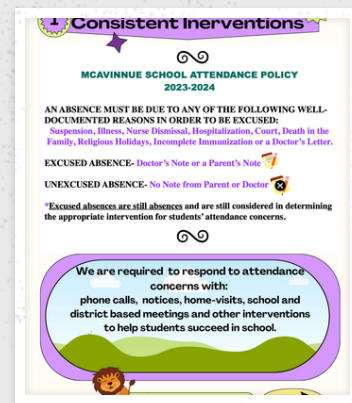
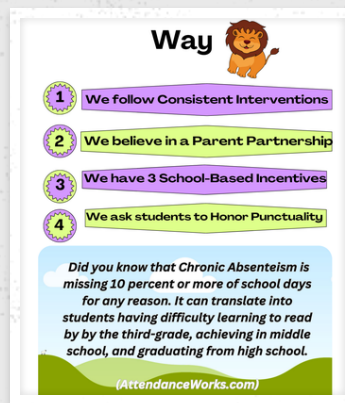
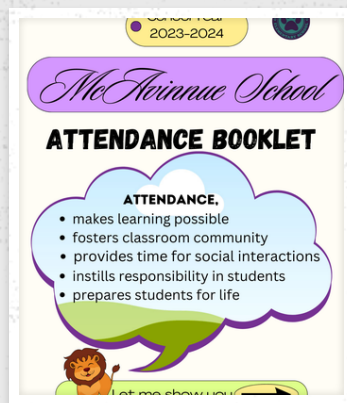
As you are aware, attending school is first step each in the learning process for our students. It is critical that our students arrive to school on time each day so that they can access all of the engaging and meaning lessons that have been planned by our teachers and related service providers.

The McAvinnue Attendnace Team will monitor student attendance on a weekly basis and will reach our directly to families when they notice frequent absences, a pattern of absences, or an increased number of consecutive absences within a short period of time.

Please refer to McAvinnue's Student Attendance Booket below that will provide additional information. This booket will be sent home with students in multiple languages. It is important



that you review this information for your own awareness and to be fully prepared to support your child with the first step of the learning process...attending school on time.



## BREAKFAST AND LUNCH WILL BE FREE FOR ALL LPS STUDENTS

As we reopen for the new school year, Lowell Public Schools Food and Nutrition are "Powering Potential" for students and faculty with innovations in our menus and enhancements to our overall dining operations. When your child dines with us, rest assured that we will be serving delicious, nutritious meals prepared with the utmost attention to safety. We encourage every student to fuel up with breakfast and lunch meals each day so they can be energized and prepared to succeed throughout the day, in and out of the classroom.

Please keep up to date on our program, nutrition education, monthly menus and back to school letters on the [LPS Food and Nutrition website](https://www.lowell.k12.ma.us/foodservice).

Any concerns please feel free to email [foodservice@lowell.k12.ma.us](mailto:foodservice@lowell.k12.ma.us)







**GREAT NEWS**

# MASSACHUSETTS PASSES PERMANENT FREE SCHOOL MEALS FOR ALL

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**WHY EAT SCHOOL BREAKFAST + LUNCH?**

<p><b>Better Productivity</b></p>	<p>improved focus, behavior, &amp; attendance rate.</p>
<p><b>Better Health</b></p>	<p>good for the brain &amp; gives students the fuel to learn.</p>
<p><b>Better Days</b></p>	<p>one less thing to worry about &amp; it's free!</p>

 PROJECT BREAD
 

## BREAKFAST & LUNCH MENUS: AUGUST/SEPTEMBER




### AUGUST/SEPTEMBER 2023 Elementary Lunch Menu

**Breakfast and Lunch is Free for all Students!**  
 Our menu consists of Whole Grains, Fresh Fruits and Vegetables.  
 Students must take a fruit and/or vegetable with each lunch.  
 All Meals served with milk.  
 Sunbutter and Jelly and Vegetarian Meals served daily.



In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.



 <p><b>LOWELL</b> PUBLIC SCHOOLS</p> <h1>Breakfast MENU</h1> <p><b>September Elementary Breakfast Menu</b></p> <p>Check out <a href="https://lowellk12ma.nutrislice.com/">https://lowellk12ma.nutrislice.com/</a> for Menu's, Nutrition Education &amp; Monthly Promotions! Questions or concerns please contact <a href="mailto:foodservices@lowell.k12.ma.us">foodservices@lowell.k12.ma.us</a></p> <p>All Breakfast items are whole grain. Offered Daily: 1 % and Skim Milk and Fresh Fruit All Breakfast is provided free for all students. Menu is subject to change.</p> <p><b>aramark</b> This institution is an equal opportunity provider</p>	<p><b>28</b></p> <p><b>Welcome Back to School!</b></p>	<p><b>29</b></p> <p>Mixed Berry Yogurt Parfait</p> <p>Blueberry Muffin</p> <p>Served with Oranges &amp; Juice</p>	<p><b>30</b></p> <p>Powdered Sugar Donut</p> <p>Assorted Cereal Bar with Graham Crackers</p> <p>Served with Strawberries &amp; Clementines</p>	<p><b>31</b></p> <p>Bacon, Egg, and Cheese on an English Muffin</p> <p>Oatmeal Raisin Breakfast Round</p> <p>Served with Fresh Fruit Cup &amp; Juice</p>	<p><b>1</b></p> <p><b>No School Labor Day Recess</b></p>
	<p><b>4</b></p> <p><b>No School Labor Day Recess</b></p>	<p><b>5</b></p> <p>Cinnamon Roll</p> <p>Chocolate Chip Muffin</p> <p>Served with Oranges &amp; Juice</p>	<p><b>6</b></p> <p>Country Chicken Biscuit</p> <p>Double Chocolate Betty Crocker Bar with Graham Crackers</p> <p>Served with Strawberries &amp; Clementines</p>	<p><b>7</b></p> <p>Blueberry Mini Waffle</p> <p>UBR Round</p> <p>Served with Fresh Fruit Cup &amp; Juice</p>	<p><b>8</b></p> <p>Chocolate Filled Crescent</p> <p>Bagel with Cream Cheese</p> <p>Served with Apples &amp; Bananas</p>
	<p><b>11</b></p> <p>Cinnamon Raisin Bagel</p> <p>Assorted Cereal Bowl with Graham Cracker</p> <p>Served with Apples &amp; Pears</p>	<p><b>12</b></p> <p>Sausage, Egg, and Cheese Bagel Sandwich</p> <p>Chocolate Chip Muffin</p> <p>Served with Oranges &amp; Juice</p>	<p><b>13</b></p> <p>Apple Frudel</p> <p>Assorted Cereal Bar with Graham Crackers</p> <p>Served with Strawberries &amp; Clementines</p>	<p><b>14</b></p> <p>Egg and Cheese English Muffin</p> <p>Cranberry Orange Oatmeal Round</p> <p>Served with Fresh Fruit Cup &amp; Juice</p>	<p><b>15</b></p> <p>Mixed Berry Scone</p> <p>Bagel with Cream Cheese</p> <p>Served with Apples &amp; Bananas</p>
	<p><b>18</b></p> <p>Nature Valley Chocolate Chip Breakfast Round</p> <p>Assorted Cereal Bowl with Graham Crackers</p> <p>Served with Apples &amp; Pears</p>	<p><b>19</b></p> <p>Mixed Berry Yogurt Parfait</p> <p>Blueberry Muffin</p> <p>Served with Oranges &amp; Juice</p>	<p><b>20</b></p> <p>Maple Mini Waffles</p> <p>Benefit Bar</p> <p>Served with Strawberries &amp; Clementines</p>	<p><b>21</b></p> <p>Sausage, Egg, and Cheese Wake up Wrap</p> <p>UBR Round</p> <p>Served with Fresh Fruit Cup &amp; Juice</p>	<p><b>22</b></p> <p>Cinnamon Roll</p> <p>Bagel with Cream Cheese</p> <p>Served with Apples and Bananas</p>
	<p><b>25</b></p> <p>Blueberry Breakfast Bread</p> <p>Assorted Cereal Bowl with Graham Crackers</p> <p>Served with Apples &amp; Pears</p>	<p><b>26</b></p> <p>French Toast Sticks</p> <p>Chocolate Chip Muffin</p> <p>Served with Oranges &amp; Juice</p>	<p><b>27</b></p> <p>Sausage, Egg, and Cheese Bagel Sandwich</p> <p>Oatmeal Chocolate Chip Betty Crocker Bar with Graham Crackers</p> <p>Served with Strawberries &amp; Clementines</p>	<p><b>28</b></p> <p>Chocolate Filled Crescents</p> <p>Nature Valley Breakfast Round</p> <p>Served with Fresh Fruit Cup &amp; Juice</p>	<p><b>29</b></p> <p>Mini Cinnamon Creamy Cheese Bagels</p> <p>Bagels with Cream Cheese</p> <p>Served with Apples and Bananas</p>



<div> <div> <div>aramark</div> <div> <div>LOWELL</div> <div>PUBLIC SCHOOLS</div> </div> </div> <div> <div>AUGUST/SEPTEMBER 2023</div> <div>Elementary Lunch Menu</div> </div> </div>				
<div> <div>Breakfast and Lunch is Free for all Students!</div> <div>Our menu consists of Whole Grains, Fresh Fruits and Vegetables.</div> <div>Students must take a fruit and/or vegetable with each lunch.</div> <div>All Meals served with milk.</div> <div>Sunbutter and Jelly and Vegetarian Meals served daily.</div> </div>				
<div> <div>In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at: (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.</div> </div>				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>28</div> <div>Welcome Back To School!</div>	<div>29</div> <div>Lowell Grande Nachos</div> <div>Crispy Chicken Sandwich &amp; Spicy Crispy Chicken Sandwich</div> <div>Bagel Power Pack V LG</div> <div>Moroccan Harissa Chicken Wrap LG</div> <div>Kickin' Beans &amp; Broccoli</div> <div>Oranges &amp; Apples</div>	<div>30</div> <div>Penne Bolognese with a Breadstick</div> <div>Cheese Quesadilla V</div> <div>Ham Chef Salad with Flatbread LG</div> <div>Italian Sub</div> <div>Cucumbers &amp; Carrots LG</div> <div>Bananas &amp; Berry Cup</div>	<div>31</div> <div>Cheese Pizza V</div> <div>Pepperoni Pizza</div> <div>Bagel Power Pack V LG</div> <div>Moroccan Harissa Chicken Wrap LG</div> <div>Green Beans &amp; Carrots LG</div> <div>Pears &amp; Fresh Fruit Cup</div>	<div>1</div> <div>No School Labor Day Recess</div>
<div>4</div> <div>No School Labor Day Recess</div>	<div>5</div> <div>Arroz con Pollo</div> <div>BBQ Chicken and Cheddar Flatbread</div> <div>Chocolate Hummus Platter V</div> <div>Caprese Chicken Sub LG</div> <div>Street Corn Salad &amp; Carrots LG</div> <div>Clementines &amp; Apples</div>	<div>6</div> <div>Buffalo Chicken Mac and Cheese with a Breadstick</div> <div>Mac and Cheese with a Breadstick V</div> <div>Crispy Chicken Sandwich</div> <div>Chicken Caesar Salad with Flatbread LG</div> <div>Turkey &amp; Cheese Sandwich</div> <div>Roasted Broccoli &amp; Carrots LG</div> <div>Bananas &amp; Berry Cup</div>	<div>7</div> <div>Chili Garlic Popcorn Chicken</div> <div>Lo Mein</div> <div>Pizza Crunchers V</div> <div>Chocolate Hummus Platter V</div> <div>Caprese Chicken Sub LG</div> <div>Celery Sticks &amp; Kale Caesar Salad LG</div> <div>Pears &amp; Fresh Fruit Cup</div>	<div>8</div> <div>Cheese Pizza V</div> <div>Hawaiian Pizza</div> <div>Chicken Caesar Salad with Flatbread LG</div> <div>Turkey &amp; Cheese Sandwich</div> <div>Red Pepper Strips &amp; Side Salad LG</div> <div>Apples &amp; Bananas</div>
<div>11</div> <div>French Toast Sticks with Chicken Sausage or Vegetarian Sausage V</div> <div>Hamburgers &amp; Cheeseburgers</div> <div>Greek Salad with Flatbread LG</div> <div>Chicken Salad Sandwich</div> <div>Tater Tots &amp; Roasted Butternut Squash</div> <div>Apples &amp; Peaches</div>	<div>12</div> <div>LTO: Chipotle</div> <div>Cheesy Bean Nachos V</div> <div>Crispy Chicken Sandwich &amp; Spicy Crispy Chicken Sandwich</div> <div>Yogurt &amp; Fruit Power Pack V</div> <div>Greek Chicken Wrap LG</div> <div>Chic Pea Salad &amp; Fiesta Corn</div> <div>Oranges &amp; Apples</div>	<div>13</div> <div>Chicken Parmesan with Penne</div> <div>Cheese Quesadilla V</div> <div>Greek Salad with a Flatbread LG</div> <div>Chicken Salad Sandwich on a Bulky Roll</div> <div>Oven Roasted Green Beans &amp; Carrots LG</div> <div>Bananas &amp; Berry Cups</div>	<div>14</div> <div>General Tso's Beef and Broccoli with Fried Rice</div> <div>Chicken Tenders with a Dinner Roll</div> <div>Fruit &amp; Yogurt Power Pack V</div> <div>Greek Chicken Wrap LG</div> <div>Broccoli &amp; Carrots LG</div> <div>Pears &amp; Fresh Fruit Cup</div>	<div>15</div> <div>Cheese Pizza V</div> <div>Pepperoni Pizza</div> <div>Greek Salad with Flatbread LG</div> <div>Chicken Salad Sandwich on a Bulky Roll</div> <div>Red Pepper Strips &amp; Side Salad LG</div> <div>Apples &amp; Bananas</div>
<div>18</div> <div>National Cheeseburger Day</div> <div>Hamburger &amp; Cheeseburgers</div> <div>Chicken Biryani</div> <div>Chickpea Biryani V</div> <div>Kale Chicken Caesar Salad with Flatbread LG</div> <div>Ham and Cheese Sandwich</div> <div>Broccoli &amp; Carrots LG</div> <div>Apple &amp; Pears</div>	<div>19</div> <div>Chicken Fajita with a Tortilla Wrap</div> <div>Black Bean Taco V</div> <div>Bosco Cheese Sticks with Marinara V</div> <div>Pizza Platter</div> <div>Chicken Caesar Wrap LG</div> <div>Roasted Chickpeas &amp; Cucumbers</div> <div>Clementines &amp; Apples</div>	<div>20</div> <div>Shepherd's Pie with a Dinner Roll</div> <div>Vegetarian Nuggets with A Roll V</div> <div>Fish and Chips with Coleslaw and A Dinner Roll</div> <div>Kale Chicken Caesar Salad with Flatbread LG</div> <div>Ham and Cheese Sandwich</div> <div>Corn &amp; Carrots LG</div> <div>Bananas &amp; Berry Cup</div>	<div>21</div> <div>Chicken &amp; Vegetable Dumplings with Mixed Veggies</div> <div>Edamame Dumplings with Mixed Veggies V</div> <div>Chicken Parmesan Sub</div> <div>Pizza Platter</div> <div>Chicken Caesar Wrap LG</div> <div>Green Beans &amp; Carrots LG</div> <div>Pears &amp; Fresh Fruit Cups</div>	<div>22</div> <div>Cheese Pizza V</div> <div>BBQ Chicken Pizza</div> <div>Kale Chicken Caesar Salad with Flatbread LG</div> <div>Ham and Cheese Sandwich</div> <div>Red Pepper Strips &amp; Side Salad LG</div> <div>Apples &amp; Bananas</div>
<div>25</div> <div>Lok Lak with Rice</div> <div>Pizza Cruncher V</div> <div>Asian Chicken Salad with Flatbread LG</div> <div>Tuna Salad Sandwich on a Bulky Roll</div> <div>Side Salad LG &amp; Green Beans</div> <div>Apples &amp; Pears</div>	<div>26</div> <div>Pork Carnitas Taco on a Tortilla Wrap</div> <div>Hamburger &amp; Cheeseburger</div> <div>Black Bean Burger V</div> <div>Pretzel Platter V</div> <div>Turkey BLT Sub LG</div> <div>Zesty Coleslaw &amp; Broccoli</div> <div>Oranges &amp; Apples</div>	<div>27</div> <div>Pasta Primavera with a Breadstick V</div> <div>Chicken Tenders with a Dinner Roll</div> <div>Asian Chicken Salad with Flatbread LG</div> <div>Tuna Salad Sandwich on a Bulky Roll</div> <div>Cucumbers &amp; Carrots LG</div> <div>Bananas &amp; Berry Cup</div>	<div>28</div> <div>Waffles with Chicken Sausage</div> <div>Cheesy Potato Breakfast Bake V</div> <div>Pretzel Platter</div> <div>Turkey BLT Sub LG</div> <div>Roasted Veggies &amp; Green Beans</div> <div>Pears &amp; Fresh Fruit Cup</div>	<div>29</div> <div>World Vegetarian Day</div> <div>Cheese Pizza V</div> <div>Margarita Pizza V LG</div> <div>Garden Salad with Cheese and a Dinner Roll V LG</div> <div>Bagel Power Pack V LG</div> <div>Roasted Chickpeas &amp; Red Peppers</div> <div>Apples &amp; Bananas</div>

This institution is an equal opportunity provider.



Elementary Breakfast Menu September.pdf

Download  
287.6 KB



Elementary Lunch Menu September.pdf

Download  
325.0 KB

EMERGENCY CONTACT FORM: 2023-2024

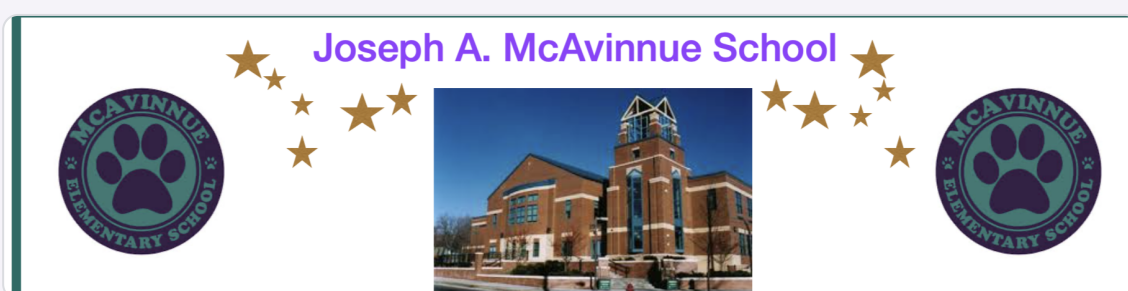


Get a jump start now and complete your emergency contact form for the 2023-2024 academic school year?

We have made it really easy for you to complete this important task. You can access the online form below. When you complete this form, it is immediately sent to McAvinnue and we will print it out for our records.

You don't need to come to the school to complete this form...you can do it right on your phone, tablet, or computer!

If you have any questions, please reach out to Mrs. De La Luz at [adelaluz@lowell.k12.ma.us](mailto:adelaluz@lowell.k12.ma.us) or contact the Main Office at McAvinnue for support!



## Emergency Form

## Formulario de Emergencia

## Formulário de Emergência 2023-2024



[Sign in to Google](#) to save your progress. [Learn more](#)

## MCAVINNUE SPIRIT GEAR BY PREP SPORTSWEAR

We have an online store if you wish to order any McAvinnue gear! It is open 24 hours per day and there is no due date for orders. Anytime you want to order...on any day!

The company is Prep Sportswear and has been reliable with solid product quality from reputable brands.



**There is a 30% off deal occurring now on all items! This is a major discount if you are interested in purchasing McAvinnue merchandise.**



Like during previous school years, we are also exploring additional local options to purchase McAvinnue gear. Stay tuned for more information in the month of September.

To access our current online store for McAvinnue spirit gear, please click the link below.

**CLICK TO ACCESS PREP SPORTSWEAR SPIRIT GEAR**

## GENERAL INFORMATION

### How can I update my contact information (phone number/email/address)?

- Go online to the Family Resource Webpage (<https://www.lowell.k12.ma.us/UpdateContactInfo>) and fill out the "contact us" form. Families who don't have access to the internet can fill out the form in person at the Family Resource Center. If an address change is related to economic factors or housing instability (family moves in with relatives, eviction, hotel/motel, fire or unsheltered, please contact the McKinney Vento Office located at the Family Resource Center in person (151 Merrimack Street), by phone (978-674-4321) or go to the webpage at <https://www.lowell.k12.ma.us/HomelessAssistance>.



### How do I update my emergency contacts?

- If you were in the school last year we will send a verification sheet out. if you are new we will send home an emergency form to fill out on the first day of school.

### How do I register my child for the new school year?

- All school registrations are completed online using a computer or laptop. You can access the online application by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. If you only have a mobile device and don't have access to a computer or laptop, you can register in person at the Family Resource Center (151 Merrimack Street). Please call the Family Resource Center if you have any questions (978-674-4321).

### What should I do if I need to register my child(ren) and I don't speak English?

- The Lowell Public Schools is committed to providing translation and interpretation services for families who require assistance in a language other than English. The online



registration application and website is translated in Spanish and Portuguese and can be accessed by going to <https://www.lowell.k12.ma.us/SchoolRegistration>. For all other languages, please call Vannak Khin at (978) 328-6782 to arrange services. In-person language interpretation support for registration can be accessed by visiting the Lowell Public Schools at 151 Merrimack Street. Families can also call the Family Resource Center at (978) 674-4321 to make an appointment with a Bilingual Family Liaison.

### **How old does my child need to be to enroll in preschool or kindergarten?**

- A child must turn 4 years old on or before September 1, 2023, in order to apply for preschool and 5 by September 1 to apply for kindergarten. A family can apply for preschool by going to <https://www.lowell.k12.ma.us/PreschoolRegistration> to fill out an online application or <https://www.lowell.k12.ma.us/KindergartenRegistration> for kindergarten. For registration questions, please call (978) 674-4321.

### **How do I apply for a transfer for my child to change schools in the new year?**

- Per the 2023-2024 School Assignment Policy, all students have the option to request one school transfer per year.
- Families can apply online at <https://www.lowell.k12.ma.us/SchoolTransfer> or can come to the Family Resource Center in-person to complete the application. Transfers are assigned on a space availability basis.

## **COMMUNITY CONNECTIONS & OPPORTUNITIES**



**HISPANIC HERITAGE MONTH:  
SEPTEMBER 15TH - OCTOBER  
15TH**



It's "Hispanic Heritage Month" from September 15th to October 15th!



Lowell is bursting with exciting events that showcase the rich culture, history, and contributions of the Hispanic community.

Check out the flyer below for more specific information related to events that will occur throughout Lowell over the next month. #McAvinnuePride

For more information, visit:

[https://mosaiclowell.org/news/hispanic-heritage-month-in-lowell-2/?fbclid=IwAR01npwvF4LSdoj7-Ynq4QqHO\\_A8ybEftAO4jLFM8JdlW9n2b-QG7qFwttI](https://mosaiclowell.org/news/hispanic-heritage-month-in-lowell-2/?fbclid=IwAR01npwvF4LSdoj7-Ynq4QqHO_A8ybEftAO4jLFM8JdlW9n2b-QG7qFwttI)

Also, you can check out the video below!

National Hispanic Heritage month begins today







## LIST OF EVENTS FOR 2023

9/15/23 - 10/15/23

SEPTEMBER

21

### Free Salsa Classes & Salsa Dance Social

7:30 p.m. - Every Thursday at Panela

Salsa in Lowell hosts lessons at Panela every 1st and 3rd Thursday throughout the year.

SEPTEMBER

30

### Acre & North Common Cleanup

9:00 a.m. - 12:00 p.m. - North Common Park

Hosted by Lowell Litter Krewe and the LatinX Center for Community Excellence (LCCE). This cleanup is in preparation for the Hispanic & LatinX Festival.

SEPTEMBER

30

### Lowell Hispanic & Latinx Festival

12:00 p.m. - 8:00 p.m. - North Common Park

Hosted by LCCE. Experience Latin America's vibrant cultures through electrifying performances, delicious cuisine, and engaging dance workshops.

OCTOBER

06

### Noche de Gala

6:00 p.m. - 10:00 p.m. - Sampa Event Hall

Annual Hispanic Heritage Month Celebration Fundraiser hosted by Fortaleza

OCTOBER

13-14

### El Encuentro: The Latino Film Experience

7:00 p.m. - Donahue Academic Arts Center

Annual Latino Film Festival in Observance of Hispanic Heritage Month & Highlighting Underrepresented Latino Film Makers.

OCTOBER

14

### ¡Bailar con la Orquesta!

2:00 p.m. - Fusion Church

Hosted by the Lowell Philharmonic Orchestra. A celebration of classical music inspired by Latin and Spanish Dance.



Scan here  
for more info



Mosaic Lowell



CITY of  
LOWELL



LCCE  
LATINO COMMUNITY CENTER FOR EXCELLENCE

## CUB SCOUT PACK 7 INFORMATION

Cub Scout Pack 7 is looking for new cubs to join their pack! Tons of fun and learning experiences for all kids in Kindergarten through Grade 5. For more information, visit [www.pack7lowell.com](http://www.pack7lowell.com)

Pack 7 meets at St. Rita's Church directly across from McAvinnue!





Cub Scout Pack 7 is a Family Pack for both girls and boys  
in kindergarten through fifth grades



In partnership with FEMA—Cub Scouting is offering fun and play filled 'Be Prepared' emergency preparedness programming for youth. Kids will have a great time and learn to Be Prepared via camping, group hiking, learning to use basic tools, archery, developing communication skills and lots of playing.



Visit [www.Pack7Lowell.com](http://www.Pack7Lowell.com) to find about our next open house or to visit one of our weekly den meetings and learn about the year-long programming.

Meeting Location — St. Rita Hall  
(158 Mammoth Rd., Lowell)

[www.Pack7Lowell.com](http://www.Pack7Lowell.com)

[join@pack7lowell.com](mailto:join@pack7lowell.com)



**LOWELL FALL LOCAL ACTIVITIES/EVENTS**



#LOWELL  
THERE'S  
A LOT TO like.

## EXPERIENCE FALL IN LOWELL

LIKELOWELL.COM



In Partnership With



*The Night Watchwoman by The Myth Makers*

Lowell Kinetic Sculpture Race  
September 16

MonsterBash & Halloween Stroll  
October 28

City of Lights  
November 25

### Feast of Our Lady of Loreto

Sept. 1-3 | Holy Ghost Society, 65 Village St.

### India Heritage Fest

Sept. 9 | Lowell Heritage State Park,  
160 Pawtucket Blvd.

### Lowell Irish Festival

Sept. 23 | Lowell Memorial Auditorium,  
50 E. Merrimack St.

### One City, Many Cultures Exhibit Opening

Sept. 23 | Lowell National Historical Park,  
Mogan Cultural Center, 40 French St.

### Latinx & Hispanic Festival

Sept. 30 | North Common, 413 Fletcher St.

### Lowell Celebrates Kerouac Festival

Oct. 5-9 | Various locations,  
lowellcelebrateskerouac.org

### El Encuentro: The Latin Film Experience

Oct. 13-14 | MCC's Richard and Nancy Donahue  
Family Academic Arts Center, 240 Central St.

### Lowell Asian American Film Festival

Oct. 20-22 | MCC's Richard and Nancy Donahue  
Academic Arts Center, 240 Central St.

## POLLARD LIBRARY: "CHILDREN'S BOOK TO ART CLUB"



## Children's Book to Art Club SPECIAL EVENT!



For Grades 1-4  
**Monday 4:30—5:30PM**  
**October 30**

Children in grades 1 - 4 are invited to join our book club to read and discuss a picture book and make a hands-on art project. This month, special guest author Aaron Lewis Krol will be joining us to read his new picture book "A Cloud in a Jar"! This program takes place in the library meeting room and snacks will be provided.

**Registration is required and space is limited.**

Register online at [lowelllibrary.org/events](http://lowelllibrary.org/events) or by calling the Children's Reference Desk (978) 674-1529.



## COMMUNITY RESOURCES & DAYCARE OPTIONS FOR FAMILIES

Looking for before or after school daycare options for your child? Here is a short list of options and information for your consideration.

[Here is a list of daycare options in Lowell:](#)

- **Community Team Work (CTI)** (978) 454-5100
  - Families who are already enrolled in a CTI program...
    - Call or text school-age coordinators to request a slot
      - Billy 978-995-0028, [wma@commteam.org](mailto:wma@commteam.org)
      - Karen 978-729-7216, [kshannon@commteam.org](mailto:kshannon@commteam.org)
  - Families who are not enrolled in a CTI program
    - If you've filled out a CTI application in the past...
      - Contact Karen (978) 729-7216, [kshannon@commteam.org](mailto:kshannon@commteam.org) to see if where you are on the waitlist (if there is a waitlist)
    - If you've never filled out a CTI application...
      - Fill out an application at 17 Kirk St., 126 Phoenix Ave



- Or call the main CTI number (978) 454-5100 to request an email version of the application.
- **YMCA:** (978) 454-7825; 1 YMCA Dr in Lowell
  - Karen Espinola is the school-age director
    - Fill out a application online or at the YMCA to request a slot
  - Debbie Doben is the preschool director if your child is preschool age
- **Family Childcare:** Call programs to see if they have openings near you
  - Bethel Family Childcare (978) 458-6577
  - Clarendon Family Childcare (978) 454-3026
  - Child Development and Learning (CDE) (978) 275-2843
  - ACRE Family Childcare (978) 937-5899
  - CTI: See above contact information
- **Girls Inc:** (978) 458-6529, 220; Worthen St. in Lowell
  - Accept girls ages 5-14 years old
  - Accept Child Care Circuit vouchers, DCF vouchers, and private pay (income-based, sliding scale)
  - Call Pam Lerocque (Director of Finance & Administration) to check on openings
- **Boys and Girls Club:** (978) 458-4526; 657 Middlesex St in Lowell
  - School-age openings for after-school
  - Teens who are working with the Department of Children and Families can call BGC or DCF to see if they're eligible



## THE FAMILY LEADERSHIP INSTITUTE

The Family Leadership Institute provides families with the knowledge and skills to partner with schools and communities to ensure their children achieve their full potential.

Throughout the year, the FLI runs a variety of programs including: survival English classes, family wellness, mental health, and financial literacy workshops and more. For more



information about the FLI visit: <https://www.lowell.k12.ma.us/Page/5263> or email FLI Director Zoe Dzineku at [zdzineku@lowell.k12.ma.us](mailto:zdzineku@lowell.k12.ma.us).

## LOCAL FOOD SUPPORT

Do you need support with food options for your family. No need to worry...there are many local groups that can offer support for you during your time of need.




Click the link below for a list of local food pantries that are willing to help.

You can also reach out to Mrs. De La Luz, McAvinnue's Social Worker, for support navigating these and other options.




Greater-Lowell-Area-Pantry-List 8-27-20 (1).xlsx

 [Download](#)  
15.3 KB

## COMMUNITY VACCINATION INFORMATION



Community vaccination sites.pdf

 [Download](#)  
1.2 MB

## MCAVINNUE'S FAMILY READ-A-LOUD

### "GOODBYE SUMMER, HELLO AUTUMN"



<https://www.youtube.com/watch?v=VD0gSsiMhAQ>



## MCAVINNUE'S SCHOOL WEBSITE

Check out our school website where you can find a wealth of information including school news, calendars, and other events.

Please visit our website at:

<https://www.lowell.k12.ma.us/mcavinnue>



## FOLLOW MCAVINNUE ON SOCIAL MEDIA

You can follow McAvinnue on social media at the following sites! We update things daily and this is a great way to stay in touch with all of the amazing things that are happening inside and out of "the best school we all know"!



Click the buttons below to access our social media sites!

**CLICK TO ACCESS MCAVINNUE'S FACEBOOK PAGE**



[CLICK TO ACCESS MCAVINNUE'S TWITTER PAGE](#)

[CLICK TO ACCESS MCAVINNUE'S INSTAGRAM PAGE](#)

[CLICK TO ACCESS MCAVINNUE'S YOUTUBE CHANNEL](#)




## OUR VISION

 Facebook  @McAvinnueLPS

McAvinnue Elementary School is a place...where there are high expectations, where students are academically engaged, where instruction is guided by a systematic approach to examine data, where there is a multi-tiered system of support, and where a responsive environment that fosters social emotional connections between faculty and students prevails.

**#McAvinnuePride #BeTheDifference #NextLevel**

 131 Mammoth Road, Lowell, ...

 mdomina@lowell.k12.ma.us

 (978) 937-2871

 lowell.k12.ma.us/Domain/21



